

THE SOCIETY OF THE NEW YORK HOSPITAL



Created by Royal Charter in 1771
in the reign of King George III

THE ANNUAL REPORT OF THE MEDICAL DIRECTOR OF

The New York Hospital—Westchester Division
WHITE PLAINS, NEW YORK

1962

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HISTORICAL NOTE

The New York Hospital owes its inception and growth to the efforts of public spirited citizens. In 1769, Dr. Samuel Bard, later Washington's personal physician, delivered an address at the King's College commencement exercises in Trinity Church on the occasion of the awarding of some of the first medical degrees in America. In this address he pointed out the vital need for a hospital in New York City. Interest was aroused among influential men and the Governor of the Province headed the subscription list which raised liberal funds for this purpose.

In 1771 a royal charter was granted by King George III to "the Society of the Hospital in the City of New York in America." Through the efforts of Dr. John Fothergill, an old friend and adviser of Dr. Bard in London, the Society also received gifts from English friends, and in 1772 was granted an allowance of 800 pounds by the Legislature of the Province. In 1773, the Governors of the Society purchased five acres of land on the west side of Broadway opposite Pearl Street, and the cornerstone of the hospital was laid by Governor Tryon of New York. Construction was begun immediately but in February, 1775, the interior of the building was almost completely destroyed by fire. Although rebuilding was started at once, it was soon halted by the outbreak of the War of Independence. The unfinished structure was used both as barracks and as a military hospital for wounded American soldiers.

Because of the confusion in civic affairs following the war, the hospital was not opened to civilians until January, 1791. From the beginning the Governors recognized that patients suffering from nervous and mental disorders were sick people and they were admitted into the same building with medical and surgical cases. In 1808 a separate building was erected on the hospital grounds to provide more adequately for the care of mental patients.

In 1810 the legislature of the new State of New York confirmed the original charter and the Society became "The Society of the New York Hospital."

In the years following it was found desirable to move the division for mental patients to a newly purchased piece of property on Bloomingdale Road, seven miles north of the city, where the Bloomingdale Asylum was built and opened in 1821. As the city continued to grow, this property was sold to Columbia University and other institutions, and the Bloomingdale Hospital was moved in 1894 to its present location in White Plains.

Since the construction of the original hospital buildings in White Plains, there have been extensive developments of the property, among which may be mentioned the following: the construction of Macy and Banker Villas for men patients; Brown Villa, Bard House and Bruce House for women patients; special occupational therapy buildings and gymnasia for both men and women patients; clinic buildings, including operating room unit and dental and X-ray laboratory units; a staff house, a student nurses' house, a staff house annex, and nine cot-

tages for physicians. In 1938 a modern building for physical therapy was constructed in connection with the men's department. In 1941 the Nichols Cottage, an air-conditioned building with accommodations for twenty disturbed women patients, was constructed and named in honor of Dr. Charles H. Nichols, medical superintendent of the hospital from 1877 to 1899. In 1954 the building for special therapies was opened, enabling the hospital to treat more women patients. Two elevators were installed in the main building in 1955. The Thomas Eddy Education Building was completed in the fall of 1955 for the instruction of the affiliating student nurses. The outpatient department was dedicated on December 8, 1956 and opened to receive patients on January 1, 1957. On January 15, 1958, a hall for boys was opened. Other sections of the hospital have been modernized by renovation, promoting the safety and medical care of the patients. A nine-hole golf course is available, and the grounds, 236 acres in extent, have been otherwise developed. The modern cafeteria for personnel was opened in 1959.

By vote of the Board of Governors of the Society on June 15, 1936, the name of the Bloomingdale Hospital was changed to "The New York Hospital — Westchester Division" in order to convey a clearer understanding than had hitherto prevailed of the relation of the hospital in White Plains to the Society of the New York Hospital.

The new entrance at 21 Bloomingdale Road was opened on October 7, 1960.

THE SOCIETY OF THE NEW YORK HOSPITAL

FOR THE YEAR 1963

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Physician in Charge of Women's Department

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Assistant and Physician to Employees

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TOM G. STAUFFER, M.D.

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* As of January 1, 1963

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WALTER HOPFMANN

Chaplain

THE REVEREND DAVID B. WEDEN



ADMINISTRATION BUILDING

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MEDICAL LIBRARY, HISTORICAL EXHIBIT

THE SOCIETY OF THE NEW YORK HOSPITAL

NEW YORK HOSPITAL—WESTCHESTER DIVISION

To the Board of Governors of The Society of the New York Hospital:

I have the honor to present herewith the report of the New York Hospital — Westchester Division for the year ending December 31, 1962.

As a result of the contributions of philanthropic friends, the hospital has been able to advance its standards of care and treatment and to progress in the fields of teaching, research and prevention. An increasing number of younger people have been under treatment with notable success in their rehabilitation. In both the inpatient and outpatient departments there has been a closer integration with the mental health needs of the community.

In a later section of the report there is a more detailed presentation of the needs of the hospital including not only an increase in the service and charitable work but an anticipated expansion of our programs of treatment, teaching and research.

ADMISSIONS

The total number of patients admitted was 347; 201 women and 146 men, an increase of five per cent over the previous year. Two hundred twenty-two patients, or 65 per cent of those admitted, were under fifty years of age, and 58, or 17 per cent, were under the age of twenty-one. As in the past preference is given to patients suffering from acute and recoverable psychiatric disorders.

The great majority of patients was suffering from functional personality disorders. They were unable to perform effectively at school or at work and there was decreased efficiency in managing personal relationships in the family, social group, and in the community. The disorders developed from the make-up, temperament or disposition of the patient, aggravated by prolonged or acute conflicts and trying life situations. In some instances the acute symptoms and signs were ushered in by sudden dramatic and traumatic events such as a severe physical illness, death of a loved one, a move or a severe material loss.

Patients react according to their constitutional make-up or personality structure. Some become depressed, self-depreciatory, self-accusatory, and slowed up in all their bodily functions, while others in an attempt to manage life problems become overactive, overtalkative and hyperemotional with tendencies toward expansiveness and extravagant expenditures. Such disorders are classified as manic-depressive reactions; 69, or 20 per cent of the patients admitted, were so diagnosed.

Many sensitive, tenderminded individuals who find it difficult to relate to others are apt to develop reactions in which they withdraw and regress. They

are prone to misinterpret the environment and motives of others, project their inner difficulties and develop elaborate delusional trends about themselves and the world. These disorders are designated as schizophrenic reactions. One hundred nine, or 31 per cent of the patients admitted, were so diagnosed.

Twenty-four, or seven per cent, had psychiatric disorders associated with the climacterium or involutional period or the change of life, these reactions representing an exaggeration of mental and psychological problems encountered at this time of life.

The neurotic reactions such as anxiety, hysteria, phobias, obsessions, compulsions, mild depression and shifting hypochondriasis, were the outstanding manifestations in 45, or 13 per cent of the patients admitted. They often require the structured and balanced program of hospital activities in addition to psychotherapy.

An increasing number of patients was admitted with reactions associated with immaturity, acting-out of difficulties, alcoholism and drug addiction.

A few patients with organic and toxic and infectious states were admitted. The following table gives in detail the information on diagnostic groupings.

DIAGNOSTIC GROUPING OF ADMISSIONS

	Men	Women	Total
Psychoses with other infectious diseases:			
Post infectious psychosis	-	1	1
Psychoses due to alcohol		3	3
Psychoses due to a drug or other exogenous poison		1	1
Psychoses with cerebral arteriosclerosis	8	17	25
Senile psychoses:			
Simple deterioration	5		5
Involutional psychoses:			
Melancholia	7	9	16
Paranoid type	3	5	8
Psychoses due to new growth:			
With intracranial neoplasm		1	1
Manic-depressive psychoses:			
Manic type	2	4	6
Depressive type	9	6	15
Circular type	7	14	21
Mixed type	7	20	27
Dementia praecox (Schizophrenia) :			
Simple type		1	1
Catatonic type	23	40	63
Paranoid type	22	17	39
Other types		6	6
Paranoia and paranoid conditions:			
Paranoid condition	1	1	2
Psychoses with psychopathic personality	1	4	5
Psychoneuroses:			
Psychasthenia or compulsive states	1		1
Hypochondriasis	1		1
Reactive depression	5	10	15
Anxiety state	1	1	2
Mixed psychoneurosis	11	15	26
Without mental disorder:			
Alcoholism	20	19	39
Drug addiction	5	4	9
Psychopathic personality	7	2	9



STAFF CONFERENCE

Two hundred eighty-four, or 81 per cent of those admitted, came from New York City and the surrounding suburban area. One hundred twenty, or 34 per cent of all admissions, came from Westchester County; 27 were from White Plains. Patients came from 16 States other than New York and two came from other countries.

Two hundred sixty-nine, or 78 per cent, were admitted on their voluntary application; 26 patients were under the age of eighteen and were admitted on the application of their parents. Only 34 were too ill to understand their need for treatment and were admitted on the petition of a relative. Four patients were received by transfer from other hospitals in the State and two patients came from Payne Whitney Clinic.

Most patients were referred by physicians in private practice. They were well educated and held positions of leadership and responsibility in their communities. There were 27 executives, 6 physicians, 9 teachers, 5 engineers, 2 dentists, 2 artists, 2 architects, 6 secretaries, 2 social workers, 3 nurses and 63 students. There were 118 housewives. There were 13 veterans of World War I, 31 of World War II, and 7 of the Korean Conflict.

DISCHARGES

Three hundred forty-one patients, 189 women and 152 men, were discharged during the year. Three hundred nine had either recovered or improved; thus 91 per cent of all patients discharged were definitely benefited by treatment, an outstanding record in the history of the hospital. One hundred twenty-three, or 36 per cent, had been under treatment less than six months; 259, or 76 per cent had been in the hospital less than a year. The following table gives more detail as to the length of time patients were under treatment and their condition at the time of discharge.

DURATION OF HOSPITAL RESIDENCE OF PATIENTS DISCHARGED

	<i>Recovered</i>		<i>Much Improved</i>		<i>Improved</i>		<i>Unimproved</i>		<i>Died *</i>		<i>Total</i>
	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	<i>Men</i>	<i>Women</i>	
Less than											
6 months	11	3	20	31	20	30	4	3		1	123
6-12 mos.	16	3	34	46	10	17	1	7	1	1	136
1-2 yrs.	4	2	15	19	7	12		4	1	1	65
2-3 yrs.			1	1	2	3	1	1			9
3-4 yrs.				1	1					2	4
4-5 yrs.									1	1	2
More than											
5 yrs.	—	—	—	—	—	—	—	—	2	—	2
Totals	31	8	70	98	40	62	6	15	5	6	341

* Of these, 1 patient died out of the hospital while on visit.

TREATMENT

Patients are received on the eight admission halls of the men's and women's services, the hall to which they are assigned being determined by the individual patient's needs. The nearest relatives are encouraged to visit the hospital and confer with members of the medical staff and social service. The treatment is family-centered. The story of the development of the patient's difficulty is obtained, together with information as to the family background, social and economic stresses, development of the personality and setting in which the first complaints and symptoms occurred. The nature and dynamics of the reaction are explained. Social workers assist in this important approach and later assist in the restoration of the patients through voluntary activities and employment. In conjunction with a tour of the hospital and program activities, methods of treatment are explained to relatives.

Each patient is assigned to a physician who is responsible for the examination and the direction of therapy. In the physical study and investigations, the aid of consultants in all departments of medicine and surgery is utilized. The clinical laboratory study includes complete blood counts, blood chemistry, blood serology, urinalysis, electroencephalographic and electrocardiographic studies; Kerosteroid determination, X-ray examinations and other special studies are made when indicated. Pathological physical conditions are treated when discovered. Dental examinations, treatment and periodic reexaminations are available. The physicians in consultation with other members of the staff carry out psychotherapy by the interview method, with emphasis on dynamic and interpretative psychiatry. History and information from relatives, close friends and associates and from referring physicians are considered in connection with pertinent material from the patient's interviews and discussions. In the course of the treatment the patient learns better ways of balanced living: changing traits and attitudes which are alterable and learning to tolerate persisting difficulties and life situations. Sufficient time is devoted to the members of the patient's family and others interested and concerned in the patient's complete restoration. The psychologists direct diagnostic testing, treatment evaluation, vocational and avocational guidance, and assist in more precise understanding and treatment of patients.

The treatment program is organized in order to provide frequent consultation on the progress of individual patients. Daily conferences are held in both men's and women's departments at which time physicians, supervisors of nursing, psychologists, social workers and the directors of the various program therapy departments discuss the conditions, needs, treatment and schedule arrangements of patients. The salient features in the histories of newly admitted patients are presented so that all staff members and other professional personnel become acquainted immediately with the patients' problems and needs. The patient is made to feel accepted, approved of, comfortable and at home through the concerted efforts of physicians, nurses and other personnel. The newly admitted patient is with a special nurse for the first few hours and is introduced to other patients and acquainted with the schedules of meals, extra nourishment, rest periods, hall and program therapy activities. All patients participate actively in the social life and entertainment on the hall. They act as hosts and hostesses at

teas, birthday parties and other functions and assist in the decoration of the hall and in arranging flowers.

The department of nutrition prepares a regular diet which is nutritious and substantial for patients who are engaged in vigorous and active indoor and outdoor sports, recreational and occupational programs. Special diets are arranged according to physical conditions and needs of patients.

The housekeeping department plays an important role in the care of patients by maintaining attractive furnishings and pleasant living surroundings.

The grounds and garden department keeps the campus and the gardens in a state of beauty and furnishes fresh flowers daily to all halls and gathering places for patients.

In addition to the medical and nursing care, the physicians prescribe for patients physiotherapeutic measures such as massage, hydrotherapy, ultra violet and infra red light, baking and diathermy. Prolonged baths and packs are employed to secure rest naturally and to combat exhaustion from tension, excitement and agitation.

For each patient programs of occupational therapy and physical education are arranged. Although skill is desired, the socializing value of working and playing together and the satisfaction derived from useful and constructive activities are emphasized. Patients who work through intricate emotional states with the physicians and who require prolonged and intensive medical and nursing care frequently ascribe their recovery to the self-esteem and confidence achieved in these activities. The occupational therapy activities for men include book-binding, ceramics, painting, sculpturing, gardening, jewelry, leather craft, metalry, printing, typing, weaving and woodworking. The women participate in sewing, cooking, gardening, jewelry, leather work, metalry, needle work, knitting, weaving, typing, collage, fashion shows and general exhibits, painting and sculpturing. Patients join in making Christmas presents for children in the community. They publish a hospital newspaper. Lectures, films and informal discussions are held. Patients have prepared catalogues of all trees, shrubbery and wild flowers of the hospital grounds.

The physical education departments make use of two well equipped gymnasias, athletic fields, a golf course, a driving range, and the salt water bathing beach at York Lodge which is located in Mamaroneck on Long Island Sound. Activities include baseball, tennis, football, shuffleboard, and the indoor sports of basketball, bowling, ping pong, badminton, volleyball, dancing, and corrective exercises. The departments of physical education with other departments arrange evening dances, square dances, motion pictures, exhibition matches and afternoon tea dances and garden parties for patients, their relatives and friends.

As patients improve, they advance to convalescent halls and open houses. Greater responsibility for daily activities, initiative and creative work is encouraged. The librarian provides reading material for all patients on the



MEN'S OCCUPATIONAL THERAPY

halls and arranges for formal and informal book reviews, readings and literary discussions.

The music department gives individual lessons in voice, piano and other instruments. Under the supervision of the music department a musical revue was given. Sessions of group singing, recorded music and lectures on composers are held. Several guest artists and patients presented recitals and formal concerts during the year.

By a carefully planned series of visits, the convalescent patients are gradually prepared for leaving the hospital. At first they may go to the City with relatives, then they spend certain evenings and weekends at home followed by more extended visits. Many patients commute to school or volunteer work or full time employment. As patients return from visits, rewarding discussions of their problems occur. The transitional period tests the level of improvement and recovery, and rehabilitation is made more secure and complete.

SPECIAL TREATMENT PROCEDURES

Electric Shock Therapy. This treatment procedure continues to be a valuable adjunct. During the year electric shock therapy was given to 73 men and 100 women.

Insulin Therapy. Sub-shock insulin therapy has continued to assist in stimulating appetite, allaying anxiety, tension and mild depression. During the year this form of treatment was administered to nine patients.

Tranquilizing and Energizing Drugs. These drugs which have been thoroughly tested have been most helpful during the year. One hundred forty-two men and 247 women received one or more of these drugs in conjunction with other forms of therapy.

PROGRAM THERAPIES

In addition to the psychotherapeutic medical and nursing approaches, the program therapies make a real contribution to total treatment, affording an interesting supervised and structured life for patients.

PHYSICAL THERAPY

Miss Durkin has continued in charge of this department with three assistants. The men's department carried out 9,053 treatments and the women's department 36,186 treatments. Forty-two patients received 1,096 prolonged baths, and 126 patients received 2,225 packs; these procedures were administered on the halls by the nursing service.

OCCUPATIONAL THERAPY

Mrs. Owen has continued in charge of the men's department and Miss Leete in charge of the women's department. There are three registered therapists and 11 assistants with craft experience in these departments. Students are employed in the summer to assist and receive practical experience in the field of occupational therapy.



MEDICAL LIBRARY

PHYSICAL EDUCATION

Mr. Gorton and Miss Phelan have continued in charge of the men's and women's departments with their 10 assistants. The gymnasias have been completely rewired for better lighting; the bowling alleys have been renovated, and greater use has been made of the flower gardens and picnic grounds.

MUSIC DEPARTMENT

Mr. Mills has greatly increased the scope of this department through more individual teaching, programs for sicker patients, and an increasing number of formal and informal concerts and recitals. One hundred fifty-one patients received 1,709 individual instrumental and vocal lessons. These included instruction in 14 different instruments. There were courses in history, theory and music appreciation. A music practice room was established.

LIBRARIES

Miss Wahrow has continued in charge of the medical and nursing libraries. One hundred seventy-one volumes were added to the medical library, making a total of 8,418 volumes. Subscriptions to 75 medical journals and 14 psychological journals were continued. Miss Wahrow was most helpful to the entire staff in research and reading.

Fifty-nine volumes were added to the nurses' library, making a total of 790 volumes. Subscriptions to seven journals were continued.

Miss Lois Thurston, with the assistance of Dr. McKnight and Miss Wahrow, organized the voluminous historical documents and papers relating to the hospital. These are displayed or made readily available for historical research and study.

Miss Bernholz has continued in charge of the patients' library. Four hundred eighteen volumes were added to this library so that at the end of the year an inventory showed 6,773 volumes.

Subscriptions to 113 periodicals were continued. Through the kindness of a loyal friend the hospital has received most of the important British magazines.

For other professional and administrative departments and waiting rooms, subscriptions to 36 periodicals were continued.

OPERATING ROOM

There were 21 procedures carried out, including six dental operations.

CLINICAL AND X-RAY LABORATORIES

Dr. Clow has continued in charge of this department. During the year those patients who required the procedure were immunized against poliomyelitis and influenza. A total of 16,415 laboratory tests was made, including all the studies on newly admitted patients, other tests when indicated, and those in connection with special treatment procedures.

Examinations of our milk and water supplies have shown the usual high standards of quality and purity.



MUSIC DEPARTMENT

X-ray Laboratory. Chest films were made on all newly admitted patients and employees and repeated yearly examinations were made on all patients and employees remaining in residence and in service. Studies were made on all patients receiving electric shock therapy. A total of 2,880 X-ray examinations was made. An index of all X-ray reports together with a cross index file system has been established and maintained.

Electroencephalography. During the year 238 electroencephalographic studies were made.

Electrocardiography. Two hundred fourteen electrocardiographic studies were made.

The following tables give details as to the work of the laboratories.

CLINICAL LABORATORY

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
Bacteriology and Parasitology:			
Cultures:			
Water			36
Miscellaneous	1	37	38
Microscopic:			
Gonococci	181	.	181
Miscellaneous	10	41	51
Chemistry:			
Blood	956	124	1,080
Feces	10	10	20
Gastric contents	1	...	1
Spinal fluid	9	.	9
Transaminase tests	12	5	17
Cytology:			
Blood	4,838	535	5,373
Spinal fluid	3	.	3
Functional tests:			
Basal metabolism	3	6	9
Renal function	1	...	1
Miscellaneous	14	.	14
Serology	322	175	497
Urine examinations:			
Routine	3,630	321	3,951
Bilirubin	5,119	3	5,122
Tests for spores on operating room sterilizers		12
Post mortem examinations	7		7

X-RAY LABORATORY EXAMINATIONS

	<i>Patients</i>	<i>Employees</i>	<i>Total</i>
* Head	22	6	28
† Thorax	432	919	1,351
Spine	1,140	24	1,164
Shoulder	17	12	29
Upper Arm	3		3
Elbow	8	3	11
Forearm		1	1
Wrist and Hand	28	29	57
Abdomen	22	30	52
Pelvis and Hip Joint	9	6	15
Thigh	1	1	2
Knee	19	15	34
Leg	4	5	9
Ankle	25	20	45
Foot	17	19	36
Gastro-intestinal tract	4	8	12
Cholecystogram	4	3	7
Genito-urinary tract	7	4	11
Fluoroscopic examinations	4	8	12
I. V. Cholangiogram	1		1
Teeth (complete examinations)	279		279
Teeth (partial examinations)	233	23	256

* Inclusive of examinations for skull, sinuses, jaw and nose.

† Inclusive of examinations for lungs, heart, ribs and esophagus.

THE OUTPATIENT DEPARTMENT

The outpatient department organized as The Mental Hygiene Clinic of the Westchester Division, Inc., has completed six years of service to the community of Westchester County and has served to enlarge the training program for physicians and others.

Dr. William K. McKnight has continued in charge with the assistance of senior members of the medical staff, four psychiatric consultants for teaching, members of the social service and psychology departments.

The staff has made a real contribution in meeting the mental health needs of the community through joint efforts with social agencies and with the schools of the area. The Clinic has continued in close cooperation with the Community Mental Health Service of the State Department of Mental Hygiene administered by the Westchester County Mental Health Board. The latter organization has continued under the leadership of Dr. Sheldon Gaylin, who with his associates visited the hospital in April for an annual inspection of the Clinic program. Preference has continued to be given to patients who respond to short-term treatment. All patients came from forty different communities in Westchester County and only those are accepted who cannot afford private psychiatric fees. The outpatient department has operated as an all-purpose clinic for adults and children. The family-centered approach in therapy has continued. Three hundred fifty-six patients and their families were treated in 7,613 interviews; 6,593 of these were with individual patients, an increase of about 1,000 over 1961. The majority of the patients were referred by physicians in private practice, others by social agencies or schools, and many came on their own application or by friend or family referral. Two hundred four adults, 40 adolescents and 52 children applied for treatment. The vast majority of the patients were suffering from partial reactions, psychoneurotic, reactive and situational. There were a few with more serious psychiatric disorders.

Emphasis has been placed on individual treatment, teaching and research. The research studies include social and economic factors; a follow-up study of discharged patients has been started. The staff has continued to make outstanding contributions to the mental health needs of the community. The Clinic staff presented a seminar of ten two-hour evening sessions for the members of the professional staff of the Pupil-Personnel Service of the Yonkers School System. A seminar of ten sessions was given to members of the Westchester County Nurse-Teachers Association by the staff of the outpatient department.

MEDICAL STAFF EDUCATION PROGRAM

Dr. Prout, the Clinical Director and Assistant Medical Director, has been in charge of directing and coordinating the treatment and training programs of the inpatient and outpatient services.

Dr. Hamilton and Dr. Moorhead have continued in charge of the men's and women's services. Doctors McKinley, Seelye, O'Neil and Hertz assist in supervising treatment, training and research.

In addition to daily conferences, two weekly staff conferences are held, at which time patients and their case histories are presented for diagnosis and



CHILD PSYCHIATRY

treatment suggestions. These staff conferences continue to be the center of the medical and therapeutic activities of the hospital. Residents in training have weekly conferences with the Medical Director and the Clinical Director in addition to daily conferences with other members of the medical staff.

During the year the senior staff presented to the resident staff the following lectures illustrated with slides and movies:

Introduction to the Hospital by Dr. Prout;

History of the New York Hospital — Westchester Division by Dr. Wall;

Methods of Examination and Interviewing by Dr. Wall;

Review of Care and Treatment of Mental Illness by Dr. McKnight;

Dynamics of Personality Development and Symptom Formation by Dr. Wall;

Legal Aspects of Psychiatry and Procedures for Admission by Dr. Prout;

Symptomatology and Terminology by Dr. McKnight;

Laboratory Procedures and Techniques by Dr. Clow;

Program Therapies by Dr. Wall;

Physical Treatments, Prolonged Baths and Packs by Miss Corrigan;

Paranoia, Paraphrenia and Paranoid Disorders — Symptoms and Therapy by Dr. Moorhead;

The Problem of Alcohol and Drug Addiction by Dr. Prout;

Manic-Depressive Psychoses by Dr. Hamilton;

Psychopathic States and Character Disorders — Symptoms and Therapy by Dr. Seelye;

Schizophrenic Reaction Types — Symptoms and Therapy by Dr. Wall;

Involutional Psychoses by Dr. Hamilton;

Toxic and Organic Reactions by Dr. McKinley;

Encephalography by Dr. Clow;

Psychoneurotic Reaction Types — Symptoms and Therapy by Dr. McKnight;

Adjunctive Therapies by Dr. McKinley;

Psychotherapeutic Techniques by Dr. McKnight;

Interview Techniques by Dr. McKnight;

On November 12th a special meeting was held to which physicians of the community were invited. The subject was *Psychiatric Problems in Medical Practice* presented by Dr. Warren and Dr. Prout.



WOMEN'S GYMNASIUM

Dr. Houston Merritt and his associates of the Neurological Institute, New York City, gave a course of twelve sessions on *Neuroanatomy and Neuropathology*, and held neurological clinics at the Neurological Institute in New York City.

Dr. Gerard Fountain presented a series of five lectures on *Psychopathology and the Treatment of Children*.

Dr. Patrick Henry Drewry, Professor of Psychiatry at the Medical College of Virginia, addressed the staff on *Problems of Delinquency in Young People*, presenting reactions resembling psychopathic states complicated by schizophrenic features.

Residents in training are encouraged to attend psychiatric meetings in Westchester County and New York City and to visit other clinics. The residents spend two half days per week in the second year, and three half days per week in the third year in the outpatient department. The residents also participate in the teaching of courses and in presenting clinics for affiliating student nurses.

Drs. McKinley and Seelye continued in charge of our special treatment procedures.

Fourth year medical students from Cornell University Medical College spent eight weeks in an elective course in the hospital for supervised study and experience.

Groups of medical students from the same College were given demonstrated lectures followed by tours of the hospital.

The Monday Night Meetings have continued under the direction of Dr. Prout. Reports of research, original studies, and scientific papers were presented and films for teaching purposes were shown. The following were some of the topics at these meetings:

Concepts of Karl Abraham by Dr. Warren;

Psychotherapy of the Affective Psychoses by Dr. Clark;

Clinical Aspects of Hospital Administration by Dr. Hamilton;

Kraepelin's Concepts of Manic-depressive Psychoses by Dr. Graz;

Concepts of Harry Stack Sullivan by Dr. Robbins;

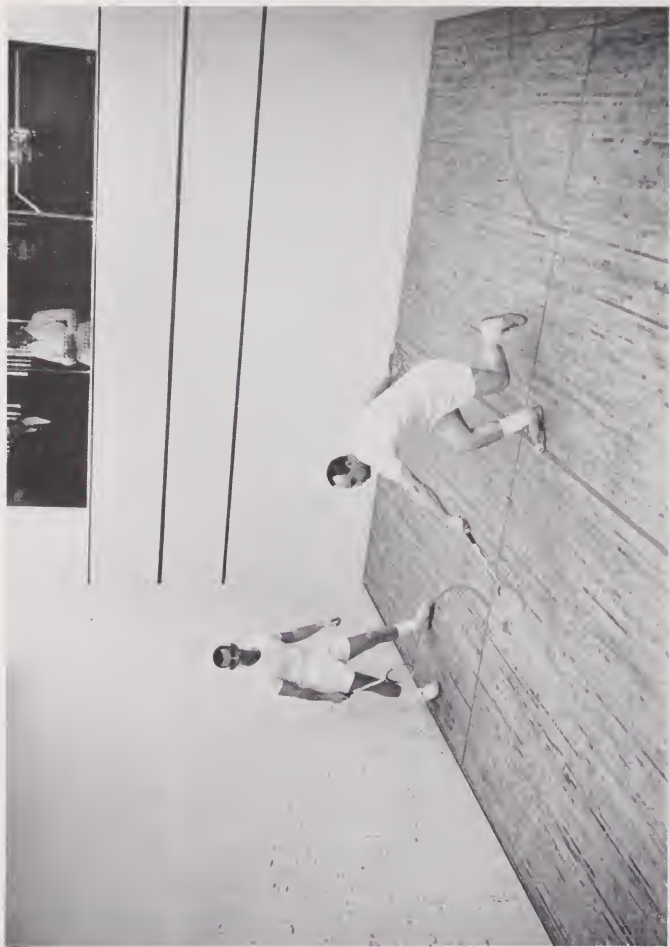
Anatomical Pathology by Dr. Charles A. Santos-Buch;

Concepts of Sandor Rado by Dr. Grant;

Family Constellations in Schizophrenia — Review of Current Literature by Dr. Edelson;

Psychosomatic Concepts of Stanley Cobb, Spurgeon English and Flanders Dunbar by Dr. Felton;

Recent Research in Schizophrenia — Review of Current Literature by Dr. Vadeika;



MEN'S GYMNASIUM

Recent Thoughts on Treatment of Psychopathic Personality or Character Disorders — Review of Current Literature by Dr. McGrew;

Clinical Pathological Conference by Dr. Victoria Bradess and Dr. Charles A. Santos-Buch;

The Doctor-Patient Relationship by Dr. O'Neil;

Family Constellations in Manic-depressive Disorders — Review of Current Literature by Dr. Mastrianni;

Rorschach Test with Case Interpretations by Dr. Loranger;

Management of Schizophrenia by Dr. McKinley;

Current Thoughts in Neurotic Anxiety by Dr. Grant;

Theory and Therapy of Paranoid Reactions by Dr. Graz;

Group Psychotherapy by Dr. Delaney;

Drug Therapy by Dr. Robert E. Lee;

The Outpatient Department by Dr. McKnight and staff;

Loneliness — Its Symptoms, Dynamics and Therapy by Dr. Vanden Bergh.

TEACHING, CONSULTATION AND CLINICAL APPOINTMENTS

Dr. James H. Wall: Professor of Clinical Psychiatry at Cornell University Medical College, Consulting Psychiatrist to the White Plains Hospital, the Grasslands Hospital, Valhalla, New York, and the St. Luke's Convalescent Hospital in Greenwich, Connecticut, Consultant in Neuropsychiatry to the Phelps Memorial Hospital in North Tarrytown, New York, and Chairman of the Westchester County Community Mental Health Board.

Dr. Curtis T. Prout: Associate Professor of Clinical Psychiatry at Cornell University Medical College, and Consulting Psychiatrist to the White Plains Hospital.

Dr. William K. McKnight: Instructor in Clinical Psychiatry at Cornell University Medical College.

Dr. Hollis E. Clow: Attending Psychiatrist and Co-director of the Department of Electroencephalography at White Plains Hospital, and Consultant in the Division of Neurology at Grasslands Hospitals, Valhalla, New York.

Dr. John Norman Loomis, resident physician, completed three years of training on June 30th and left to enter private practice.

Dr. Herbert E. McGrew, resident physician, completed two years of training on June 30th.

Dr. David Bruce Robbins, assistant resident physician, completed one year of training on June 30th and left to enter military service.

Dr. George C. Wilson, Jr., assistant resident physician, completed two years of training on June 30th.



YORK LODGE

Dr. Daniel N. Hertz completed three years of residency training and was appointed senior assistant psychiatrist on July 1st.

Dr. Lawrence Michael Abrahams was appointed an assistant resident physician on July 1st.

Dr. Heber W. Becker, Jr., was appointed an assistant resident physician on July 1st.

Dr. David Edward Brown was appointed an assistant resident physician on July 1st.

Dr. Leroy Selby Buck, Jr., was appointed an assistant resident physician on July 1st.

Dr. Richard L. Vanden Bergh was appointed an assistant resident physician on July 1st.

Dr. Barraud J. Watson was appointed a consultant in surgery on July 1st.

NURSING SERVICE AND EDUCATION

Miss Eleanor Corrigan who had served the hospital with distinction as Director of Nursing for many years, retired and was succeeded by Miss Lucy M. Wainwright.

The usual high standards of patient care by the nursing service have continued. The department has given instruction and practical experience to nurses in training and in service programs of education for the entire staff together with courses for graduate nurses who have not had psychiatric affiliations, and intensive courses for psychiatric aides. During the year 312 affiliating student nurses received the twelve weeks' course in psychiatric nursing. The training schools from which these students came were: the Lenox Hill Hospital, Mt. Sinai Hospital, Roosevelt Hospital, St. Luke's Hospital, all of New York City; the New Rochelle Hospital of New Rochelle, New York; the St. John's Hospital of Yonkers, and the White Plains Hospital.

Forty-six graduate nurses have taken the basic psychiatric course during the year in order to be eligible for registration in New York State. Forty psychiatric aides received a course of several weeks in rotating practical experience coordinated with formal class work.

The educational activities of this department have been reflected in improved patient care and increased appreciation and work satisfaction.

The Louis Calder Foundation has continued to support this work with an annual gift of \$25,000.

The Nursing Advisory Council for affiliating students and the Katherine F. Hearn Scholarship Fund Committee met on May 4th. Sixteen graduate nurses have attended college during the year, thus availing themselves of the opportunities afforded by the Fund.

The members of the nursing service have been very active in the national, state and local educational organizations.



PICNIC AND GARDENS

On the last day of the year there were 265 members on the nursing staff, including the director, two assistant directors, 11 supervisors and instructors, 40 graduate nurses, 25 practical nurses, 90 psychiatric aides and 3 nursing technicians. There were 7 part time graduate nurses, 1 part time practical nurse, 17 part time psychiatric aides and 2 ushers. There were 66 affiliating student nurses.

PSYCHOLOGY DEPARTMENT

Dr. Armand W. Loranger has continued in charge of this department and has continued to devote considerable time to completing the studies having to do with the effectiveness of tranquilizing and energizing drugs, a study supported by the National Institute of Mental Health. In the inpatient and outpatient services this department has served 197 patients.

SOCIAL SERVICE DEPARTMENT

Mrs. Lucille Andrews has continued in charge of this department. Mrs. Hotchkiss and one of the assistants have worked with inpatients and their families. Two hundred twenty-six patients and their families received this service; 157 of these patients were assisted in planning their lives on leaving the hospital. The Social Service Department continued its active role in all programs both in the inpatient and outpatient services. The program of training for graduate students from the New York School of Social Work of Columbia University has been continued.

DENTAL DEPARTMENT

Dr. Slater, with the assistance of Dr. Ern and Dr. Stamatov, has continued to direct the work of this department. All patients have received complete oral and X-ray examinations periodically. There was a total of 2,473 patients' visits to the department and 4,419 operations were performed.

MEDICAL CARE OF PERSONNEL

Dr. Clow and Dr. Flynn have continued in charge of this service to personnel. Immunization procedures were made available. Two hundred eleven complete physical examinations for employees were made during the year. There were 2,337 visits to the Employees' Clinic and 103 admissions to the infirmary.

DEPARTMENT OF NUTRITION

Miss Randall has continued in charge of this department and with her assistants has prepared all meals for patients and personnel, totaling 515,750. Special diets were prepared for 117 patients and 10 employees in the infirmary. During the year the department has prepared refreshments for patients' parties, social functions and picnics. Hot meals were prepared and served to 592 patients visiting York Lodge during the summer, and food was prepared for picnics attended by 289 patients.

The permit for high standards of food handling was renewed by the Westchester Department of Health.



GOLF COURSE

Students from the Westchester Community College received instruction, employment and experience during the year.

HOUSEKEEPING DEPARTMENT

Mrs. Helen Smyth has continued in charge of this department and has maintained high standards in all areas of patient and personnel living accommodations. The housekeeping department has continued in charge of all hall aides and has supervised the serving of all meals and refreshments to patients.

CIVIL DEFENSE

The staff and personnel have continued the hospital's Civil Defense program and patients and personnel have cooperated with the local headquarters in every respect. Four of the hospital personnel were trained in the use of radiological monitoring equipment.

A survey of the hospital for shelter areas was conducted by consulting engineers of the National Fallout Shelter Survey in Westchester County.

On June 19th Mr. Gerald F. Hunt, Director of the Regional Program Health Mobilization Services of the U. S. Public Health Service, visited the hospital in connection with Civil Defense.

SPECIAL EVENTS AND OTHER ITEMS OF INTEREST

Meetings. There was a meeting of the Hudson River Regional Advisory Committee at the hospital on October 10th. In addition to the regular agenda, the group was addressed by Dr. Walter S. Maclay, regional psychiatrist to the Wessex Regional Board of England.

A meeting of the Directors of the Mental Hygiene Clinic of the Westchester Division, Inc., was held on November 26th.

The Board of Governors of the New York Hospital held its regular monthly meeting at the hospital on June 5th followed by a tour of the hospital and dinner.

As a part of the Business Education Day in White Plains, sponsored by the Education Committee of the Business and Civic Federation of White Plains, 25 teachers from the public schools of White Plains visited the hospital on May 9th. They were given lectures, a tour of the various parts of the hospital and were entertained at lunch.

Nine students in the School of Public Health and Administrative Medicine of Columbia University met at the hospital on January 7th. They were addressed by Dr. Wall, Dr. Prout, Dr. McKnight and Mr. Johnson.

The Committee on the History of Psychiatry of the American Psychiatric Association of which Dr. McKnight is a member, met at the hospital on January 27th and 28th to review the collection of historical material of this hospital.

Eleven representatives from eight social agencies and institutions in the White Plains area met with the Social Service Department. These agencies afford volunteer work for many of our convalescent patients.

Inspections. The hospital was inspected by Dr. Arthur L. Magill, representative of the Joint Commission on Accreditation of Hospitals on October 15th and 16th. The hospital was given a certificate of accreditation.

Inspection of the hospital by representatives of the New York State Department of Mental Hygiene was made as follows: Dr. Joseph L. Camp on March 8th and June 11th, and Dr. Richard V. Foster on October 15th.

The hospital was inspected by safety engineers from the Blackstone Mutual Insurance Company on July 11th.

The White Plains Fire Department inspected all areas of the hospital plant August 27th to 31st.

Upon the request of the Chairman of the Westchester Division Committee a team from Rogers and Butler, architectural firm of New York City, thoroughly inspected the hospital for fire risks and made several recommendations which are being implemented.

Visitors. Visits of friends and relatives to patients totaled 18,139; 9,826 to women patients and 8,313 to men patients.

Two hundred seventy-six former patients made 1,327 visits to the hospital and to our New York office at the Payne Whitney Clinic, a service given to patients during their first few months of readjustment in the community.

Dr. Edwin Crosby, Secretary of the American Hospital Association visited the hospital on February 13th.

Twenty students from Africa and two representatives of the Westchester Community Mental Health Board visited the outpatient department in July.

Dr. Karl Lochner of Hamburg, Germany, visited the hospital on July 21st.

Dr. Thomas A. Munro of Edinburgh, Scotland, visited the hospital in October.

Dr. Laurence Loeb, with five resident physicians from Grasslands Hospital, visited the hospital on October 26th.

Dr. Carothers and Dr. Bailey, ministers of the Memorial Methodist Church, White Plains, visited the hospital on October 29th.

Religious Services. The Reverend David B. Weden, Rector of Grace Church, White Plains, and chaplain of the hospital, has continued to conduct the services on Sunday afternoon and has administered communion regularly throughout the year.

Monsignor Eugene A. Murtha and his assistant, the Reverend Father John Reardon of the Church of Our Lady of Sorrows, White Plains, have attended to the religious comfort of the Roman Catholic patients, including the regular celebration of Mass.

Regular services were held for Jewish patients by Rabbi Richard S. Sternberger of the Jewish Community Center of White Plains.

ADDRESSES, PAPERS AND PUBLICATIONS

Dr. James H. Wall: *Psychiatry and the Work of the New York Hospital—Westchester Division*, Committee on Scholarships, Cornell University Medical

College and New York Hospital School of Nursing, January 9th; *Helping Families Accept Psychiatric Hospitalization*, White Plains Ministerial Association, January 12th; participation at several meetings of the *Advisory Council on Alcoholism* of the State Department of Mental Hygiene; *Psychoanalytic Psychiatry* and *The History of Pellagra and its Cure*, psychiatric staff, University of Louisville, Louisville, Kentucky, March 21st.

Dr. Curtis T. Prout: *Volunteer Work for Convalescent Patients*, Volunteer Service Bureau, Inc., of Westchester County, White Plains, May 8th; *A Controlled Evaluation of Deanol and Benactyzine Meprobamate* (with Dr. Loranger), *New England Journal of Medicine*, Volume 266, No. 21, May 24, 1962; *Intervention in Psychiatry, A Round Table Discussion*, *American Journal of Psychoanalysis*, Volume 23, No. 1, printed in Holland, May, 1962.

Dr. Donald M. Hamilton: *Psychiatry and Religion*, Hitchcock Memorial Church, Scarsdale, September 30th.

Dr. Hollis E. Clow: *Problems in Geriatrics*, American Geriatric Society, Chicago, June 18th.

Dr. William K. McKnight: *The History of the Role of the Physician in Relation to Disordered Behavior*, moderator, panel round table, American Psychiatric Association, Toronto, May 6th; *The Teens* (in connection with Mental Health Week), Eastview Junior High School, White Plains, May 4th; *Multi-Discipline Conference on Problems of Adolescents* (with others), Sub-Committee on Adolescents of the Westchester Psychiatric Society, White Plains, October 24th; *Mental Health and Religious Faith*, Memorial Methodist Church, White Plains, November 18th; *Treatment of Emotionally Ill Children — Nature and Management of Initial Resistance Factors* (with others), *New York State Journal of Medicine*, Volume 62, No. 4, February 15, 1962.

Dr. Harry H. Moorhead: *The History and Work of the New York Hospital — Westchester Division*, Church of Our Lady of Sorrows, White Plains, January 8th; *Hospital Management of Adolescent Patients* (with others), *New York State Journal of Medicine*, Volume 62, No. 12, June 15, 1962; *Alcoholism* (with Dr. E. B. Allen), Chapter 27, *Progress in Neurology and Psychiatry*, Volume XVII, Grune and Stratton, New York, 1962.

Dr. Robert A. McKinley: *Bigotry*, panel discussion, Mental Health Association, White Plains area branch, November 19th; *Hospital Management of Adolescent Patients* (with others), *New York State Journal of Medicine*, Volume 62, No. 12, June 15, 1962.

Dr. Armand W. Loranger: *Biological and Biochemical Bases of Behavior*, Seminar, Fordham University, New York, May 8th; *A Controlled Evaluation of Deanol and Benactyzine Meprobamate* (with Dr. Prout), *New England Journal of Medicine*, Volume 266, No. 21, May 24, 1962; *Perseveration Factor*, *Science*, Volume 135, March 9, 1962.

Dr. Thomas Beckett: *The Treatment of Emotionally Ill Children — Nature and Management of Initial Resistance Factors* (with others), *New York State Journal of Medicine*, Volume 62, February 15, 1962.

Dr. Renate Armstrong: *Self Concepts of Psychiatric and Normal Subjects as Revealed by the Way Test*, Journal of Clinical Psychology, Volume 19, July, 1962.

PUBLIC RELATIONS DEPARTMENT

Mrs. Miller has continued in charge of this department and has given assistance to many departments of the hospital in preparing printed material for hospital programs and booklets.

Through the courtesy of station WFAS, White Plains, the following radio programs were presented:

Dr. Loranger: *The Place of Drug Studies in Psychology*, January 25th;

Dr. Poundstone: *Drug Therapy in Mental Illness*, February 22nd;

Dr. Mastrianni: *The Nature and Treatment of Manic-Depressive Disorders*, March 22nd;

Dr. Edelson: *Nature and Treatment of Schizophrenia*, April 26th;

Dr. McKnight and Dr. Beckett: *The Place of the Outpatient Department in the New York Hospital — Westchester Division*, May 24th;

Miss Leete and Miss Stewart: *Occupational Therapy*, June 28th;

Dr. O'Neil: *Anorexia Nervosa*, September 27th;

Dr. Moorhead: *Emotional Illness in Young Children*, October 25th;

Dr. Clow: *Leisure Time in Relation to Aging*, November 22nd;

Mrs. Hotchkiss: *Contact with Relatives of Patients*, December 27th.

IMPROVEMENTS AND MAINTENANCE

The departments of maintenance, grounds and transportation have made continued progress in keeping plant and buildings in excellent condition and the grounds in an attractive state.

Extensive progress was made in converting to alternating electric current.

The program of repairs to the roofs has continued.

The grilles in the buildings for women patients have been completely substituted with safety screens, adding significantly to the appearance of the buildings from within and without.

Landscaping and planting have been continued on all sections of the grounds.

GIFTS

During the year 678 contributions were received, and the amount contributed was \$196,066.20, making a total of \$1,686,772.53 contributed since the appeal began in 1947. This generous giving has enabled the hospital to expand its

services to the community and its programs of treatment, teaching, research and prevention. Extensive additions, repairs, replacements and improvements to the plant have been made possible. The Louis Calder Foundation has continued to support the cost of teaching in nursing education and the work with boys and young men.

RESEARCH PROJECTS IN PROGRESS

The analysis of the investigation of the effectiveness of tranquilizing and energizing drugs supported by the National Institute of Mental Health.

Studies of the work with boys and young men with particular emphasis on the effect of the hall endowed by the Louis Calder Foundation, the work with the courts and probation officers in some of these cases, and other studies on adolescent problems in father-son relationships.

Studies of young women and girls, with problems of adolescent turmoil, supported by The New York Hospital-Cornell Medical Center Foundation.

Studies of schizophrenic patients.

Studies of anorexia nervosa.

Investigation of the problems of aging.

Studies of patients with alcohol and drug problems.

The teaching and research programs were supported by the George F. Baker Trust.

NEEDS

Funds are needed to support the expanded services of the hospital, particularly in the fields of teaching and research, with the immediate need of funds to build additional housing for personnel to carry out this work.

Funds are needed to help defray the expense of care and treatment of worthy patients whose families are unable to meet the rising costs.

It is hoped that these needs will continue to receive the attention of public spirited friends so that the hospital, with its outstanding history and traditions of excellence, can move forward in community service, treatment, teaching and research.

For excellent team work and dedicated service the Medical Director wishes to thank each individual member of the staff and personnel of the entire hospital. To the Board of Governors, the Chairman and members of the Westchester Division Committee, and all interested friends and loyal supporters of the hospital, I wish to express my gratitude for their generous support, guidance and advice.

Respectfully submitted,

JAMES H. WALL, M.D.,
Medical Director.

GENERAL STATISTICS OF PATIENT POPULATION
FOR THE YEAR ENDING DECEMBER 31, 1962

	<i>Men</i>	<i>Women</i>	<i>Total</i>
Total on books December 31, 1961	166	252	418
In hospital	130	147	277
On visit	36	105	141
Admitted during the year:			
First admissions	87	118	205
†Readmissions	57	81	138
Transfers	2	2	4
Total admitted	146	201	347
Total under treatment during the year	312	453	765
Discharged during the year:			
*As recovered	26	8	34
*As much improved	52	88	140
*As improved	25	45	70
*As unimproved	4	10	14
As without mental disorder:			
Alcoholism	23	13	36
Drug addiction	4	4	8
Psychopathic personality	9	3	12
‡Died	5	6	11
Transferred	4	12	16
Total discharged	152	189	341
Total remaining on books December 31, 1962	160	264	424
In hospital	124	172	296
On visit	36	92	128
Daily average population on books	170	271	441
Daily average population excluding visits	130	172	302
Rated capacity of hospital	149	201	350
Voluntary cases admitted during the year:			
First admissions	66	86	152
Readmissions	47	70	117
Physician's Certificate cases admitted	4	9	13
Cases admitted on voluntary minor application	14	12	26
Voluntary cases certified for mental disorder	11	32	43
Voluntary cases certified on inebriate certification	23	22	45
Voluntary cases certified on physician's certificate		2	2
Inebriate certification case certified for mental disorder.....	1	...	1
Voluntary patients on books at the end of the year	91	139	230
Average number on visit during the year	40	99	139

† Refers to previous admission to any hospital for mental disorder.

* Exclusive of transfers and those without mental disorder.

‡ 1 patient died while on visit.

THE NEW YORK HOSPITAL—WESTCHESTER DIVISION

GENERAL TABLE OF STATISTICS
Compiled from the Annual Reports of the Institution

Year	Whole Number Admitted	Admitted by Legal Procedure	Voluntary	Whole Number Treated during the Year	Whole Number Discharged during the Year	Recovered	Improved and much Improved	*Not Improved	Died	†On Rooks at End of Year	Daily Average No. in Hospital
1821 to 1893.	9,305	9,303	2	...	9,003	3,635	2,436	1,585	1,345		
1894	128	128	...	433	144	40	56	17	31	286	294
1895	145	145	...	434	126	40	39	19	28	305	299
1896	128	128	...	436	122	33	47	19	23	311	312
1897	133	131	2	447	106	30	37	12	27	338	318
1898	91	90	1	432	106	26	35	18	27	323	323
1899	108	102	6	434	93	24	35	16	18	338	331
1900	98	97	1	439	99	25	43	8	22	337	339
1901	91	68	23	431	100	26	33	14	27	328	328
1902	95	76	19	426	94	24	37	12	21	329	329
1903	124	95	29	456	111	31	35	18	27	342	336
1904	127	89	38	472	132	34	60	10	28	337	340
1905	111	84	27	451	100	34	43	8	15	348	342
1906	101	76	25	452	112	32	43	12	25	337	335
1907	127	109	18	467	123	44	35	22	22	341	340
1908	124	91	33	468	114	33	30	24	27	351	347
1909	122	82	40	476	129	40	40	27	22	344	343
1910	131	88	43	478	120	31	39	24	26	355	352
1911	140	74	66	498	121	39	35	25	22	374	351
1912	156	101	55	533	175	45	38	25	22	355	355
1913	144	82	62	504	154	36	54	13	17	343	333
1914	201	103	98	551	188	26	64	23	23	358	345
1915	193	94	99	556	202	30	85	22	14	349	336
1916	254	92	162	608	257	50	86	37	33	346	323
1917	222	73	149	573	242	47	49	38	23	326	312
1918	260	61	199	590	273	69	54	31	19	313	298
1919	309	68	241	622	316	83	152	42	15	306	302
1920	243	61	182	549	223	44	133	38	8	326	309
1921	273	68	205	599	303	52	126	45	13	296	290
1922	257	57	200	553	241	36	127	36	11	312	288
1923	267	75	192	579	272	68	107	46	17	307	284
1924	290	82	208	597	288	63	122	34	10	309	277
1925	290	91	199	599	290	53	136	88	13	309	276
1926	278	102	176	587	300	61	135	95	9	287	267
1927	276	102	174	563	253	62	108	76	7	310	257
1928	249	89	160	559	261	52	105	59	9	298	263
1929	248	84	164	546	243	59	112	65	7	303	257
1930	261	73	188	564	278	60	123	77	18	286	251
†1931	261	47	214	547	241	63	125	50	6	303	251
1932	231	27	204	534	269	46	158	53	3	265	241
1933	227	51	176	492	229	57	108	60	4	263	228
1934	236	47	189	499	217	41	119	59	4	282	230
1935	270	49	221	552	242	45	134	53	4	310	235
1936	277	46	231	587	280	73	133	65	9	307	264
1937	342	94	248	649	308	41	173	78	16	341	249
1938	311	83	228	652	306	67	159	67	13	346	246
1939	350	80	270	696	358	72	202	72	12	338	259
1940	333	111	222	671	285	89	139	48	9	386	244
1941	378	107	271	764	350	106	175	59	10	414	273
1942	361	104	257	775	379	94	209	61	15	396	279
1943	341	88	253	737	352	102	176	56	18	385	259
1944	352	92	260	737	331	116	152	52	11	406	263
1945	346	73	273	752	348	132	138	58	20	404	270
1946	322	69	253	726	335	111	151	53	20	391	273
1947	275	65	210	666	304	75	166	45	9	362	269
1948	350	111	239	712	335	94	167	55	19	377	255
1949	260	115	245	737	344	100	186	44	14	393	274
1950	329	100	229	722	345	90	186	54	15	377	272
1951	359	124	235	756	338	75	190	53	20	398	272
1952	318	111	207	716	325	84	172	50	19	391	278
1953	349	108	241	740	341	69	215	38	19	399	274
1954	343	127	216	742	326	82	180	50	14	416	288
1955	328	80	248	744	315	66	195	39	15	429	287
1956	304	70	234	733	339	66	218	37	18	394	286
1957	316	78	238	710	312	45	210	41	16	398	281
1958	369	80	289	767	360	87	215	42	16	407	282
1959	342	81	261	749	371	79	236	36	20	378	256
1960	331	98	233	709	306	73	189	24	20	403	275
1961	330	96	234	733	315	36	205	35	39	418	290
1962	347	78	269	765	341	39	270	2	11	421	302
Totals	26,388	15,304	10,984		25,964	7,632	10,725	4,388	2,629		...

*Includes patients transferred

†From this year changes of status not included as in previous years

‡Includes patients on visit

INFORMATION RELATING TO THE ADMISSION OF PATIENTS

APPLICATIONS

Application for the admission of patients may be made at the hospital at any time, or at our office in The New York Hospital, 525 East 68th Street, New York City, on Wednesdays and Fridays, at noon.

Information will be gladly given by telephone, but it is not customary to accept patients without the more careful inquiry made possible by an interview.

Applications should be made by personal call of some one who is prepared to describe the case, and to make the necessary arrangements.

An examination of the patient before admission is not required.

Application for the admission of patients at a distance may be made by telephone or by letter. A full description of the case and of the circumstances is required.

ADMISSION

The large majority of the patients sign their own applications on arrival at the hospital. Patients are also received on physician's certificate and on court authority as provided by the New York laws.

Patients who have been placed under the control of the hospital by court authority will, on request, be sent for. Others must be brought to the hospital.

CLASS OF PATIENTS

In the admission of patients, preference is given to those suffering from forms of nervous and mental disorders in which a favorable result from treatment may be reasonably expected.

Doubtful cases may be received for observation and diagnosis.

A very limited number of alcoholic and drug cases with a favorable outlook may be received under the provisions of the Mental Hygiene law.

Patients who seem likely to require an extended period of treatment may, when there is room and they are otherwise suitable, be received, for periods of study, at rates that will contribute to the support of the work of the hospital.

As the field of the hospital's activity must necessarily be limited and as a suitable social environment is essential to successful treatment, in the selection of cases for admission a good level of education, refinement and social adaptability is required.

TERMS

The rate charged depends upon the type of case, the attention required, and the accommodations desired.

Patients whose relatives are unable to pay the full cost may be received at low rates or without charge if the disorders from which they are suffering are recoverable and they are persons who come within the field of work in which The Society of the New York Hospital has found it can most usefully apply its resources. A large proportion of the patients thus received are professional men or women and members of their families. Preference is given to residents of New York State.

Extra charge is made for dental X-ray films and dental prophylaxis which are expected to be carried out for all patients. For other dental work and for surgical and other professional services that require specialists, extra charges are made for which, except in emergencies, approval is expected to be obtained in advance from the person responsible for the support of the patient in the hospital.

Consultations with family physicians and consulting specialists can, when desired, be arranged for after conference with the hospital physicians.

EXPRESSIONS OF APPRECIATION

Friends from time to time desire to express, by gifts to the Hospital, their appreciation of the treatment of patients and the work done by the Hospital.

The Medical Director will be pleased to give information concerning various needs of the Hospital that would come within the scope contemplated by the donor.

LEGACIES TO THE HOSPITAL

No precise words are necessary to a valid legacy to the Society. The following clause, however, may be suggested:

"I give to THE SOCIETY OF THE NEW YORK HOSPITAL, for the use of The New York Hospital — Westchester Division, the sum of _____ dollars."

If land or any specific personal property, such as bonds, stocks, etc., is given, a brief description of the property should be inserted instead of the words "the sum of _____ dollars."

ACCREDITED BY

The Joint Commission on Accreditation of Hospitals

American College of Physicians

American College of Surgeons

American Medical Association

American Hospital Association

Also approved by:

The American Psychiatric Association

The American Board of Psychiatry and Neurology

